

Netherleigh and Rossefield School

Personal, Social, Health and Economics Education & Citizenship Policy

July 2016

Introduction

Personal, social, and health education with citizenship (PSHE&C) enables pupils to become effective learners and supports them as they move from childhood through adolescence to become independent young people and effective citizens. At Netherleigh and Rossefield School, the scheme of work follows the recommendations of the *Citizenship Programme of Study: Key Stages 1 and 2 (February 2015.)* Due regard is taken of the DfE Non-Statutory Guidance for Independent Schools 'Improving the Spiritual, Moral, Social and Cultural (SMSC) Development of Pupils' (November 2014.)

General Philosophy

PSHE&C helps pupils to:

- acquire knowledge and understanding of themselves, of others and of the world they live in
- develop skills for living
- develop the knowledge and skills to make safe and informed decisions
- understand and manage their emotions
- become morally and socially responsible
- take on a range of roles and relationships
- value themselves and respect others
- contribute to their community
- appreciate difference and diversity
- participate actively in our democracy and develop an understanding and appreciation of British values
- safeguard the environment
- act in the wider world in a way that makes the most of their own and others' human potential incorporating awareness and understanding of topical / relevant themes
- Begin to develop techniques such as critical thinking skills to support their wider wellbeing

The schools aims to:

- promote a positive sense of the self
- promote good relationships with others
- promote good attitudes towards others and an understanding of differences between people and their viewpoints
- provide opportunities to share and explore life experiences, emotions and difficulties in groupings beyond the family .
- equip pupils with knowledge about the world in which we live
- equip pupils with the skills and attitudes to engage successfully in the task of learning
- encourage reflection about beliefs, choices and values
- promote a healthy and safe lifestyle
- provide responsibilities and experiences that will prepare pupils for the adult world and the transition to secondary school

Citizenship

It is important that children have the necessary knowledge, understanding and skills to prepare them for an active role as citizens. The incorporation of citizenship at Key Stages One and Two allows for an integrated approach to the major themes of citizenship. These are:

Developing confidence and responsibility and making the most of their abilities

Preparing to play an active role as citizens

Developing a healthy, safer lifestyle

Developing good relationships and respecting the differences between people

Early Years

Reception and Nursery classes within Netherleigh and Rossefield follow the Early Years Foundation Stage Profile. Within this document, Personal, Social and Emotional Development is a Prime area of learning. Early learning goals within this area focus on:

Self-confidence and self-awareness

Managing feelings and behaviour

Making relationships

Sex and Relationship Education

SRE is seen as the responsibility of parents as well as the school staff. It is taught as part of the PSHE&C programme, and within other curriculum subjects as appropriate. The most important aspects of SRE are the importance of stable loving relationships and moral responsibility. SRE includes:

- self esteem
- recognising certain feelings including safe and unsafe
- the ability to talk to someone trusted
- recognising that babies and pets need care
- recognising that they have control over their bodies
- the basic facts about the processes of conception, pregnancy and birth - the physical and emotional changes which take place during puberty
- how a family is important to a child growing up
- the range and diversity of family arrangements including the place of marriage

Curriculum Provision

PSHE&C is allocated one lesson per week to all classes from Year 1 to Year 6. Aspects of PSHE&C are covered during Assemblies. It is important that PSHE&C is included in every aspect of school life – in extra-curricular activities, playtimes and mealtimes.

Assessment and Recording

Pupils' responses to the tasks set in planned activities as well as their responses in other lessons are observed and notable contributions to other individuals and the class. Significant progress is recorded.

Children record their own progress through completing tasks where they respond to activities they have undertaken. These tasks may require them to draw, write short pieces, discuss an issue or reflect on their learning.

Principles of Learning and Teaching

Lessons are taught using a variety of teaching styles. Emphasis is given to opportunities for discussion, and pupils are encouraged to give their opinion on a wide range of topics. Use is made of interactive whiteboards for internet access, and commercially produced DVDs. A PSHE&C book is used by pupils to record their reaction to topics discussed and any individual written work or worksheets are kept in the book as a record of learning.

Resources

A resource bank is available to support the teaching of PSHE&C. This includes books, videos, and professionally produced worksheets and workbooks. Pupils are encouraged to bring books, objects and other appropriate material from home to extend resources and to develop interest. Outside speakers are invited to visit the school e.g. the local MP, those linked to charities, the school nurse, representatives of the Fire service, local Police Force etc. NSPCC representatives are invited in to present in assemblies and hold a workshop with Y5/6 to build understanding/awareness of child abuse and Childline.